

# MINUTES Of WFRC ACTIVE TRANSPORTATION COMMITTEE August 14, 2019

A meeting of the Active Transportation Committee (ATC) was held on Wednesday, August 14, 2019 in the Boardroom of the Wasatch Front Regional Council, 41 North Rio Grande Street, Salt Lake City, Utah. The following were present:

IN ATTENDANCE	MEMBERS AND ALTERNATES:	ATC REPRESENTATIVES AND OTHERS PRESENT:
	Kenneth Braegger, Member (Willard) (Box Elder County)	Matt Drzayich, Alta Planning & Design
	Kevin Jeppsen, Alternate (Perry) (Box Elder County)	Emilie Jordao, Jacobs
Х	Katie Witt, Member (Kaysville) (Davis County)	Scott Shea, CRS Engineers
Х	Jo Sjoblom, Member (South Weber) (Davis Co.)	Tim Harpst, Horrocks Engineers
Х	Daryl Ballantyne, Member (Morgan County)	Tara Ross, Get Healthy Utah
	Robert McConnell, Alternate (Morgan County)	Mark Watterson, AHA
	Troy Walker, Member (Draper) (Salt Lake County)	Kim Clausing, Tooele County Health
	Kristie Steadman Overson, Alternate (Taylorsville) (S.L. Co.)	Elliott Mott
	Jeff Silvestrini, Member (Millcreek) (Salt Lake County)	Travis Evans, UDOT
Х	Dave McCall, Member ( <b>Tooele County</b> )	Grant Farnsworth, UDO
Х	Thomas "KJ" Karjola, Alternate (Stockton) (Tooele County)	Dave Iltis, Cycling Utah
Х	Michelle Kaufusi, Member (Provo) (Utah County)	Zachary Smallwood, Murray City
Х	Norm Searle, Member (Riverdale) (Weber County)	Andy Hulka, Cottonwood Heights City
	Richard Hyer, Member (Ogden) (Weber County)	Holly King, SL. Co. Health Dept.
Х	Heidi Goedhart, Member (Utah Dept. of Transportation	Jim Price, MAG
	Laura Hanson, Member ( <b>Utah Transit Authority</b> )	Jared Stewart, Salt Lake County
	NON-VOTING MEMBERS:	Bryce Wheelwright
×	Phil Sarnoff, Member ( <b>Bike Utah)</b>	WFRC Staff: Christy Dahlberg, LaNiece Davenport, Katie Gerard, Andrew Gruber, Ned Hacker, Scott Hess, Jory Johner, Mary Pratt, Alex Roy, Megan Townsend, Hugh Van Wagenen, and Lauren Victor
х	Brett McIff, Member (Utah Department of Health)	Mark Bradley, Brigham City (by phone); Travis Olsen (by phone)

**1.** Introductions and Consent Agenda [Recording 00:00:05]. Mayor Jo Sjoblom, ATC Chair, called the meeting to order at 9:50 a.m. Mayor Sjoblom welcomed committee members and guests, and roundtable introductions were made.

a. ACTION: Minutes of the ATC meeting held June 12, 2019 [Recording 00:02:24]. With no comments, Chair Sjoblom entertained a motion to approve minutes from the meeting held June 12. *A motion was made by Mayor Katie Witt and seconded by Mayor Thomas Karjola that the Minutes of June 12, 2019 be approved without changes.* Motion carried unanimously.

**2.** Chair's Report by Mayor Sjoblom [Recording 00:03:19]. Notable upcoming events include: Making Strides; Creating Walkable Communities; Wasatch Choice Day at ULCT Conference; and the Move Utah Summit. Mayor Sjoblom will report at the next meeting on attendance of the Mobile Active Transportation Tour (MATT) in September.

**3.** Public Comments [Recording 00:03:59]. Kim Clausing, Tooele County Health Department, gave an update on the small road segment that she spoke about in earlier meetings. Everyone is encouraged to visit the area. Ms. Clausing has applied for five grants: two are for Tooele pathways and one is for national parks. They are looking to connect Tooele to areas in Salt Lake.

**4. Golden Spoke Event Recap** (*Goal 4: Educate*) **[Recording 00:05:52].** In May, the Second Annual Golden Spoke bicycle ride took place between Ogden and Provo. Heidi Goedhart, UDOT's Active Transportation Manager, provided a recap of the event and solicited feedback for future events. There were 248 registered attendees with more showing up. Refer to their website for sponsors, including IHC.

In October, there may be a designated kick-off bike ride of a 410-mile trail from the Idaho to Arizona state lines (Bike Route 77) that goes through urban areas. The Golden Spoke will be a backbone of this trail, and the route will connect onto UDOT infrastructures to ensure maintenance and signage. UDOT will be sending out a map with links, and is open for public comments and to find areas of improvement.

Andrew Gruber, WFRC, mentioned that along the Golden Spoke Trail is the Jordan Parkway. Yesterday a volunteer service activity was done with WFRC staff to pull weeds and goat heads and pick up trash. For trail maintenance issues or looking to do volunteer work, contact the Jordan River Commission. There are segments of trails in other cities to look at as well. Mr. Elliott Mott brought up at the last ATC Meeting that there should be a bounty of \$2 per pound on goat heads, and this has been implemented.

More introductions were made for latecomers.

**5.** Utah Health Improvement Index (*Goal 4: Educate*) [Recording 00:13:29]. Dulce Diez, Director of Office of Health Disparities from the Utah Department of Health presented the UHII, a practical and datadriven tool to measure social determinants of health, advance health equity, and improve health outcomes in Utah. She described how transportation affects health, and defined areas to measure for outcomes. This is a good tool to use when applying for grants. (See PowerPoint presentation).

There are <u>health disparities</u> (such as access to insurance and college education) that are unjust and unavoidable. Indicators were sampled in neighborhoods throughout the state, and there are certain areas where health disparity is higher. These are metrics by which health equity is assessed. Then there are <u>health differences</u>—such as sports injuries; life expectancy that is lower in men; more arthritis in the elderly, etc. <u>Health equity</u> is the principle to pursue the highest possible standard of health with focus on people who have the greatest obstacles—treating individuals according to their needs. <u>Equality</u> "involves treating every individual in the same manner, regardless of their needs." <u>Social Determinants of Health</u> (SDOH) are used to address the needs approach to health focus on the community by geographic area. The <u>Health Improvement Indicator (HII)</u> plays a role in active transportation.

In summary, active and motorized transportation affects health whether public or individual transportation is available to go to work, buy groceries, get to school and health clinics. In some areas, they don't feel safe. Other factors are injuries, stress, and obesity due to lack of health care, and air quality.

Mr. Gruber pointed out that with active transportation, some low-income areas are well served particularly those who have low income, no cars, and are minorities with low access to education. Ms. Dulce referred to the map for areas not well-served for planning active transportation. Chair Sjoblom said her area is high. Kim Clausing stated that Tooele has a high rate of obesity and diabetes of residents who try to connect to health care. Eighty percent of its population drive outside of Tooele to work versus biking. She encourages approaching representatives for state funding and to create awareness with data available (which updates every three years).

Ms. Dulce's agency also coordinates with Good Healthy Utah and stakeholders to promote health and quality of life. Health is involved in all aspects of labor, housing and transportation communities—that are encouraged to be more involved and inviting.

6. Wasatch Bike Plan (*Goal 2: Local Plans*) [Recording 00:55:35]. Hugh Van Wagenen, WFRC, spoke about the Wasatch Bike Plan which is an effort spearheaded by Bike Utah to ensure that every municipality along the four Wasatch Front counties has a safe and connecting bicycle and pedestrian master plan. He provided an overview of the progress of adopted plans and the AT Plan Standards recommended for use in each plan. (See PowerPoint presentation which shows Active Transportation standards). Maps from 2016 to 2019 indicate funded plans in progress (yellow-coded) that eventually turn green when completed. The maps show a lot of fill-in progressing each year.

There were 76 plans adopted last year that dropped to 26. There is a process of filling in for what's next. Walking trail areas still need time and funding. These plans involve UDOT and other entities. Jory Johnson, WFRC, emphasizes including the right agencies and stakeholders. Mr. Gruber commented that progress made for an entire region in a short amount of time is exciting.

Mr. Van Wagenen thanked Phil Sarnoff, Bike Utah, for his five-year support with partners. Mr. Sarnoff is moving out-of-state and is in a hiring process for his new successor.

7. WFRC Funding Opportunities for Local Governments (*Goal 2: Local Plans and Goal 3: Build*) [Recording 1:04:35]. Scott Hess, WFRC, introduced six funding programs (<u>see</u> PowerPoint for details and contact information for each program). The application process for all programs is competitive. More details with application deadlines will be sent out by E-Mail.

a. <u>Economic Development District</u>. The Economic District operates under the Wasatch Front Regional Council but is also its own entity. Besides assistance on the local and regional levels, it attracts federal monies and creates jobs.

b. <u>Community Development Block Grant Small Cities Program</u>. Christy Dahlberg, administrator, explained its purpose is to assist in developing viable smaller urban communities especially for a population with low to moderate income. This is a competitive grant program funded by HUD, with projects ranging from ADA upgrades to curbs, gutters and sidewalks. Ogden City is excluded. Total funding for FY 2019 was \$870,000. The next cycle begins in October.

c. <u>Transportation and Land Use Connection Program</u>. Megan Townsend, administrator, outlined this technical assistance program for local governments. This covers the entire region to help with active transportation plans for the Wasatch Choice Vision. She stated that \$1.5 million is available annually in partnership with UDOT, UTA, Salt Lake County and WFRC. Besides funding, personal staff time is rendered during the planning and policy stages to ensure these programs are viable, with financing options for the final product. Within six years, 79 projects were funded, with 91% of population interest. In 2018, 14 communities were funded in four projects; Salt Lake County is almost completely covered.

d. <u>Transportation Improvement Plan</u>. Ben Wuthrich described the last three programs for urbanized areas: (a) <u>Surface Transportation Program</u>; funds are for federal aid eligible facilities classified as a collector or grader. Eligible project types include improving or widening streets or new construction; replacing bridges; traffic reduction; and improving intersections. These include bike lanes. (b) <u>Congestion/Mitigation Air Quality</u>: Funding is only for projects that benefit air quality for transit, IT and technology; and (c) <u>Transportation Alternatives Program</u>. This program is for alternative, non-motorized projects, such as bike trails, recreational use, and sidewalk improvement.

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For all programs, letters of intent are due in September; applications and concepts are due mid-December; and in Spring 2020 new projects will be identified. Between the six programs, approximately \$35-40 million is available annually.

# 8. Agency/City/County Program Updates [Recording 1:15:38].

- <u>Davis County</u>. Mr. Van Wagenen mentioned there was a newspaper article concerning the Bonneville Trail with the Forest Service making connections in Davis County. After the meeting today at 12 Noon, he is hosting a webinar for Community Outreach Strategies for Transportation.
- <u>Green Bike</u>. Green Bike is launching an electric version of 50 bikes in Salt Lake City. Jory Johnson invites test drives after the meeting with one that is displayed in the lobby. These are pedal-assisted with 40 percent effort. They can go at a maximum speed of 17 MPH. They are also expanding in Ogden City. Mr. Johnson says this is better than the Lime Bikes.
- <u>UDOT Projects</u>. Heidi Goedhart announced there will be a press release on an intersection with green pavement markings and two turn boxes for bicycle accommodations at an intersection at Pioneer Crossing and Redwood Road in Saratoga Springs. Participants with bikes are encouraged to join tomorrow at 10 AM. This will be the first CFI in the country. UDOT has other pavement projects ranging from simple restriping to larger projects, depending on funding.
- Provo. Mayor Kaufusi announced that last week extra up to 500 scooters were launched, with 2,000 rides within the first three days within the community. This still doesn't count students. BYU starts school September 2 and has rules banning scooters and skateboards on campus, so they are working around it. Mayor Kaufusi said they are finishing up a contract with Select Med for branding, and then will launch dock bikes in January.

### 9. Other Business [Recording 01:22:03].

- Recognition was given to Phil Sarnoff for his service and a legacy he leaves.
- Mr. Van Wagenen acknowledged attendees who biked in with small tokens of appreciation.
- Next ATC meeting: October 9, 2019 at 9:45 a.m.
- Upcoming Events:
  - Regional Growth Committee August 15
  - WFRC Council Meeting August 22
  - o Making Strides: Creating Walkable Communities August 28
  - ULCT Conference September 11-13
  - Wasatch Choice Day at ULCT September 12
  - Move Utah Summit September 26
  - o WFRC Funding Program letters of intent submission deadline September 26
  - Utah APA Fall Conference October 3-4
  - UDOT Annual Conference November 5-7
  - UAC Conference November 14-15

# **10.** ACTION ITEM: Meeting Adjournment [Recording 00:00:03]. Mayor Sjoblom entertained a motion to adjourn.

A motion was made by Mayor Katie Witt and seconded by Heidi Goedhart that the meeting adjourn. Motion carried unanimously. The meeting adjourned at 11:16 a.m.

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A recording of this meeting, agendas, and presentations may be found on the WFRC website at: www.wfrc.org, under Committees, Active Transportation Committee), 2019 meetings.